



Blackheath Public School

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Blackheath Public School's Colour Fun Run

Dear Parents & Caregivers,

We are very excited to be holding our first ever Colour Fun Run on Friday 20th September, from lunchtime onwards.

This unique event will involve students completing a fun obstacle course on the school oval while being showered in coloured powder. Students and their clothes may be covered with a safe nontoxic coloured powder made from cornflour and food colouring.

There is no actual cost for participation, however, we request a minimum fundraising of \$10 per entry to cover costs. Money raised will go towards improving the schools outdoor learning spaces. There will be a prize for the student who raises the most money in each stage.

Fundraising will be done online, via EVERYDAYHERO. Jump onto the website, www.everydayhero.com/au/blackheath-public-school-p-c, register your details and share for family and friends to support your run.

Spectators are welcome to attend on the day.

The P&C would appreciate any parents or caregivers who are able to assist in supervision on the course and with powder throwing.

Date: Friday 20th September (Back up date 26 September if weather is inclement)

Time: 1:45pm

What to wear: Mufti - preferably a white or light-coloured shirt, joggers and a hat

Optional: Sunglasses

Regards

The P & C fundraising team

I give permission for my child _____ of class _____ to attend the Blackheath Public School Colour Fun Run on 20th September (back up day 26 September). I understand that the students and their clothes will be covered with a safe nontoxic coloured powder made from cornflour and food colouring.

I am able/unable to assist with the activities on the day

Name: _____

Class: _____

Parent's Signature: _____

Colour Run FAQs

Q: What do we wear? and can we keep the colour on our clothes?

The colours look best on either white or black.

Q: Will the powders stain clothes, skin, hair or outdoor surfaces?



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The colour powders are guaranteed NOT to stain. The powders clean off all surfaces easily. The first rain will clean off the grass and hard surfaces that powders fell on, or a quick hose or sweep will do the job. We guarantee that our powders won't stain clothes, skin or hair. With the first wash clothes and will clean up. Shower, soap and shampoo will clean skin and hair. Although we ensure our colours wash out very easy, we advise you not to wear your best clothes or most expensive shoes.

Q: Will the powder affect asthmatics?

For most people inhaling the powder is no worse than inhaling dust and thus not dangerous. However asthmatics and people with other respiratory issues should use caution, given that it would not be ideal for them to be present in any area of floating dust as this may trigger an autoimmune response. Other parents have overcome this concern by supplying children with a cheap dust mask, which can be purchased from a hardware store.

Q: What are the ingredients of the powder?

A: It is predominantly (~98%) Corn starch (CAS #9005-25-8) known as Cornflour in Australia. Small amounts of the following compounds are added to make the powder non-flammable/dust-explosive:

- Saleratus = potassium bicarbonate – it is also the main ingredient of baking powder
- Sodium Chloride = salt
- Tri calcium = calcium salt of phosphoric acid – it is an anticaking agent which stops the formation of lumps, commonly found in baby powder and toothpaste

Q: What dyes are used in the colour powder?

The synthetic food colourings used to colour the powders are: Red: C.I. 16255 / E 124; Green: C.I. 19140 / C.I. 42090 / E 102 / E 133; Pink: C.I. 14720 / E 122; Yellow: C.I. 19140 / E 102; Orange: C.I. 19140 / E 102; Blue: C.I. 42090 / E 133; Purple: C.I. 42090 / E 133 E 124 / C.I. 16255. It is recommended that anyone with a known allergy to any of these food colourings do not contact the powder.

Q: Is the powder gluten free?

Yes. As there is no gluten protein in the starchy (carbohydrate) portion of a corn grain. The facility that the colour powder is manufactured in only produces colour powder so there is no concern with cross contamination.

Q: Are the powders scented?

No. The colour powders are unscented.

Q: How will the school ensure the safety of my child whilst participating in the colour run?

Each stage group will run separately, starting with the older stages so the younger children are able to watch before they have a turn. Kindergarten children have the option to be accompanied by their Year 6 buddy.

Volunteer parents and carers will aim to throw the powder between shoulder and hip only

There will be diversion lanes around each of the colour stations so children can opt to avoid the colour, and still participate in the obstacle course.