



## Blackheath Public School

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20 October 2022

Dear parents and caregivers

### BULLY ZERO INCURSION



Bully Zero's vision is for an Australia where we all feel safe, valued and respected. Their mission is to prevent and reduce bullying through evidence-based education, advocacy, and support for all communities across Australia. They deliver a range of evidence-based education programs to young people, parents, teachers and employees to help prevent bullying.

In November, all students will be participating in workshops about bullying. On Monday 7 November students in K-2 will participate in "Understanding Bullying" sessions and students in 3-6 will participate in "SafetyNet" sessions.

In the "Understanding Bullying" session, "young people are provided with evidence-based information on bullying, the different types of bullying and its impact on young people. Participants are also taught a variety of strategies to help them assess and respond to bullying situations, whilst also identifying and understanding the role of bystanders."

In the "SafetyNet" session, "young people are provided with information about cyberbullying and online safety. This includes learning about what cyberbullying is and how it can be recognised. It also provides practical opportunities to build skills that will help young people develop personal strategies to protect themselves online."

We have also organised for two parent / caregiver webinars as part of this program.

When: Nov 7, 2022 07:00 PM – 8.00PM

Topic: Blackheath Public School (NSW) - It Takes a Village, SafetyNet

Register in advance for this webinar:

[https://us06web.zoom.us/webinar/register/WN\\_G-E48OogSVeogaAdKIY9uQ](https://us06web.zoom.us/webinar/register/WN_G-E48OogSVeogaAdKIY9uQ)

When: Nov 21, 2022 07:00 PM – 8.00PM

Topic: Blackheath Public School (NSW) - It Takes a Village, Understanding Bullying

Register in advance for this webinar:

[https://us06web.zoom.us/webinar/register/WN\\_eeX3pIlsTq6OjyploO0L3g](https://us06web.zoom.us/webinar/register/WN_eeX3pIlsTq6OjyploO0L3g)

After registering, you will receive a confirmation email containing information about joining the webinar.

We hope you can join one, or both, of these webinars.

Kristin Hardge

Principal