



Blackheath Public School

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25th October

Healthy Harold

We are very excited to have Healthy Harold from LifeEd visiting our school to deliver lessons in safety, and social and emotional wellbeing. These lessons will occur in Week 7 between Tuesday, 21st November and Friday, 24th November. Each class will be visiting Healthy Harold in his van for their lesson. The lessons planned for our school are:

- Kindergarten – My Body
- Stage 1 - Safety Rules!
- Stage 2 – Friends & Feelings
- Stage 3 – Relate, Respect, Connect

The usual cost for each student to participate in Healthy Harold lessons is \$9 per student. As a school, we recognise the cost of living pressures on our families and will be paying for these lessons. There is no cost for your child(ren) to participate in Healthy Harold.

Thank you

Mrs Hardge